



Parallel Parenting

How to parent when your ex is a covert narcissist

If your ex is a narcissist who is very difficult to 'co-parent' with, this short two part course will give practical tips and support strategies on how to 'parallel parent' instead and covers:-

- Myths of divorce and co-parenting
- Taking charge of the environment of your home
- When your relationship with your children is affected
 - The Disneyland Parent
 - How do explain the CNs behaviour
- The greatest gift you can give your children

Parallel Parenting
Course

Contact DAWN for
more info